

# 2022 Youth Leadership Conference

August 17-20th, 2022



"Trust in the Lord with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths."

Proverbs 3:5-6



@ University of Waterloo  
Waterloo, Ontario

## Youth Guide

(Information For Youth and Parents)

# Welcome!!!

We are **so** excited that you have chosen to attend the **2022 LDS Youth Leadership Conference!**

We hope that you will find unique opportunities to create lasting friendships and memories, grow spiritually, develop leadership skills and gain confidence in living the gospel of Jesus Christ with support from other like-minded youth. Most of all, we hope that you will have lots of fun in doing so.

You will be assigned to a house with 6-10 other youth and a really cool house leader who will be like either a mom, dad, big sister or older brother figure for duration the conference. You will work together as “family” unit helping each other not get lost on campus, have great faith filled devotionals and meaningful discussions, knowledgeable workshops and assemblies and get to know others and the gospel in meaningful ways. Some great lifetime friendships have resulted from past conferences. We hope and pray that this year will be an equally enjoyable experience for you too.

## **The purpose of the YLC is to:**

- Help you draw closer to Jesus Christ
- Strengthen your testimony and your commitment to live the gospel
- Provide meaningful spiritual experiences
- Have fun, make new friends, strengthen existing friendships
- Prepare for missions and make and keep temple covenants

Our theme for the conference this year follows the 2022 Youth Mutual theme.

*“Trust in the Lord with all thine heart. In all thy way, acknowledge him, and he shall direct thy paths.”*  
*Proverbs 3:5-6*

## **When?**

Wednesday August 17<sup>th</sup> to Saturday August 20<sup>th</sup> 2022

## **Where?**

University of Waterloo  
REV (Ron Eydt Village) Central Complex  
200 University Ave West  
Waterloo ON, N2L 3G1

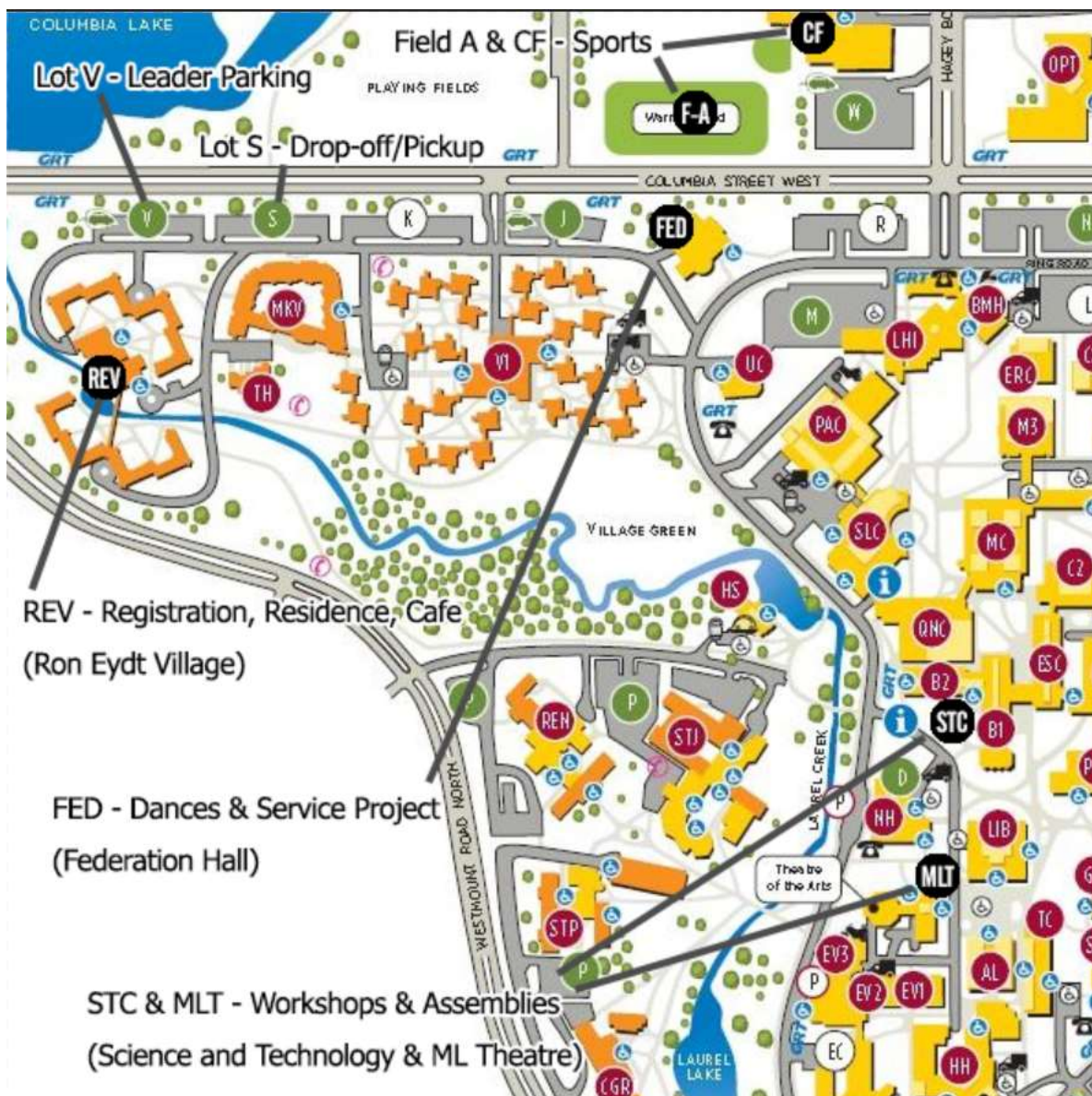
# Directions to University of Waterloo

Drop-off and pick-up location is just outside Ron Eydt Village (REV).

Campus maps can be found on the University of Waterloo website at: (or Google maps)  
[https://uwaterloo.ca/about/sites/default/files/uploads/documents/fp1579\\_campusmap\\_2021-withtour\\_lr-final-ua.pdf](https://uwaterloo.ca/about/sites/default/files/uploads/documents/fp1579_campusmap_2021-withtour_lr-final-ua.pdf)

There will be attendants helping to direct traffic for parking and drop off areas. Please follow their instruction. Cars remaining on site for the duration of the conference must receive a parking pass from an attendant to be placed on the dash and be visible at all times. Please be mindful that you will be responsible for any parking tickets received while on campus for failing to park in the designated areas.

## University of Waterloo Campus Map



# Conference Check-In

August 17<sup>th</sup> registration starts at 7:00am.

Parents dropping off youth during check-in time should **park in lot S** (see attendant in lot and get a temporary parking pass if staying for a bit) and walk down to REV either through the building or along the road. Cars will not be permitted to drive up to REV during the drop-off time.

# Conference Check Out

YLC officially ends on Saturday August 20, 2022 at 3:00 pm. At this time individual stake leaders are then responsible for their youth.

Arrange to be picked up where you were dropped off between 3:30 – 5:00pm.

# Packing List

Please pack clothing that is appropriate for the conference schedule and meets the **YLC Dress and Appearance Standards**. Shoes should be comfortable and broken in as there is will be a lot of walking. Please label your luggage and belongings to avoid confusion and mix-ups. Youth who are in serious violation of the dress standards will be asked to go back to their dorm rooms to change.

## Casual Clothing for 4 days

- Nice pants, jeans or shorts
- T-shirts, polos or buttoned shirts
- Comfortable walking shoes or sandals (no flip flops)
- Closed toed shoes for sports, dances, service project
- Pajamas

## Sunday Dress Clothing for 2 days (for the formal dance and last day meetings)

- Dress pants, skirt or dress
- Blouse or collared button-up shirt and tie
- Comfortable dress shoes (heels are discouraged and painful for walking distances)

## Other Suggested Items

- personal toiletry items (toothbrush, toothpaste, soap, shampoo, razor, deodorant, feminine hygiene products, sunscreen, etc.)
- scriptures, *For the Strength of Youth* booklet (hard copy or electronic download)
- a copy of this guide booklet (hard copy or electronic download)
- a journal and pen to record your thoughts, impressions and feelings
- water bottle for refilling
- bath towel and wash cloth, shower shoes/sandals
- pillow (university pillows are terrible)
- watch
- personal medications (prescriptions, headache, cough drops, allergy, etc..)

- band-aids or moleskin for blisters
- umbrella or rain poncho
- a fan (dorms are not air conditioned and supply is limited to first come, first serve)
- spending money as needed and for emergencies (pizza is popular on the last night with house leader assistance and should be planned ahead of time)
- Please do not bring strong perfumes and colognes as some are sensitive to scents

We strongly discourage participants from bringing electronics devices such as laptops, tablets, gaming systems etc. as we cannot guarantee the safety of these items. Inline skates, skateboards, hover boards are not allowed. **No gum please!** There is a charge to remove it from carpeted areas.

## Lost & Found

During the conference valuable items such as lost cell phones, should be given to:

Julie Jakob (regional youth secretary). Call or text her at (519) 589-5571.

Once found, other items will be left in a 'lost and found' box in the cafeteria/lobby at REV. Any items remaining at the end of the conference will be kept for one month and brought to the September regional youth dance in Brampton.

Please contact Sister Julie Jakob via email at [juliejakob7@gmail.com](mailto:juliejakob7@gmail.com) to arrange collection of lost and found items after the conference. Any unclaimed items of value after the regional dance will be donated to charity if they don't find an owner.

### Here's where it gets serious...

## “In Room” Hours

“In Room” hours at YLC are:

- 12:00am – 6:00 am on Wednesday and Thursday
- 12:30am – 6:00 am on Friday.

Parents of youth found outside their assigned room during these hours will be contacted and the youth will be sent home. Exceptions to this rule are the use of bathroom facilities and/or medical or other emergencies.

## Damaged University Property

Please be advised that conference attendees will be held responsible for damage of materials or property belonging to the University of Waterloo.

## YLC Behavior Standards

The YLC Behavior Standards are based on the standards outlined in the *For the Strength of Youth* booklet. We encourage you to read this booklet regularly and especially in preparation for YLC. Following the standards will assist you in being receptive to the spirit as you participate in the conference.

## Summary of Conference Behavior Standards

- Hats are only permitted during sports activities
- Lanyards must be worn around the neck at all times in order to gain admission to meal lines and scheduled activities. (Sorry guys! Dangling lanyards hanging outside your pants pocket may look cool but is not acceptable. We need to know you are part of the YLC group and deserve to eat your meals!)
- Be honest and kind to everyone you meet
- Live the law of chastity
- Keep the Word of Wisdom
- Obey civil and campus laws
- Use clean language
- Respect property of others, including that of the University of Waterloo
- Adhere to the ***YLC Dress and Appearance Standards*** (found on the next page)
- When dancing, avoid full body contact and do not use moves that are suggestive of sexual or violent behaviour or are otherwise inappropriate
- Willingly participate in all scheduled activities
- Encourage others in all aspects of conference participation
- Young Men may escort Young Women to and from all activities, but neither should not feel forced to do so
- Stay in your house and branch groups for all activities
- Remain in your dorm room after your evening devotional (“In Room” hours)
- Other than scheduled devotionals, young men should never enter the residence of the young women (and vice versa)
- Communicate with your house leader. Avoid making them have to go look for you

## Reasons for Early Departure from the Conference

Activities for which a participant will be sent home early include, but are not limited to, the following:

- stealing, possessing firearms, knives, or any harmful weapon
- doing anything harmful to yourself or others
- violating the Word of Wisdom
- violating the Law of Chastity
- YM inside a YW residence, or vice versa, other than for branch devotionals
- leaving campus grounds without permission for any reason
- violating the “In Room” hours policy
- repeatedly disregarding leader’s instructions and YLC standards

# YLC Dress and Appearance Standards

## Best Casual Dress Standards (the majority of the conference)

### Young Men

- Pants: jeans, khakis, shorts to the knee
- Shirts: t-shirts, polo, collared
- Hoodies: hood down
- Shoes: running shoes, deck shoes, sandals
- NO: flip flops, ripped jeans, vulgar pictures or words on t-shirts, hats

### Young Women

- Pants: jeans, capris, shorts to the knee
- Tops: t-shirt or blouse covering the shoulders, midriff and cleavage
- Shoes: running shoes, canvas shoes or sandals
- NO: flip flops, ripped jeans, leggings/spandex, vulgar pictures or words on t-shirts, hats

## Church Dress Standards (for formal dance and last day meetings)

### Young Men

- Pants: slacks, khakis, chinos, dress pants
- Shirt: collared shirt, tucked in
- Tie: done up at the neck
- Shoes: dress shoes, solid-coloured dark running shoes
- NO: flip flops, jeans, t-shirts, hoodies or hats... it's too hot to wear a suit jacket. Please don't bring one!

### Young Women

- Dress or skirt to the knee, dress pants
- Modest tops: shoulders, midriff and cleavage must be covered
- Shoes: dress shoes, sandals
- NO: flip flops, jeans, t-shirts, hoodies, leggings/spandex

## Sports Dress Standards (if you wish to play sports... not mandatory but lots of fun)

### Young Men

- Shorts to the knee, sweat pants
- T-shirt
- Running shoes
- NO: ripped shorts, vulgar pictures or words on t-shirts, spandex

### Young Women

- Shorts to the knee, sweatpants
- T-shirt covering shoulders, midriff and cleavage
- Running shoes
- NO: ripped shorts, vulgar pictures or words on t-shirts, spandex

All clothing worn at YLC should be modest neat and clean without rips or tears. Please, no sheer/see-through, low cut, too-short of skirts or shorts, or tight-fitting clothing. Youth will be invited to return back to their dorm room to change if they are in flagrant violation of the dress code. This is no fun for youth or leaders alike!

# YLC Cell Phone and Electronics Policy

As convenient as cell phones are, they can be a frustrating and unwelcome distraction. Cell phones should not interrupt YLC activities. In order to show courtesy and respect for everyone involved, we ask YLC participants to be good examples and follow these guidelines:

- Please do not use cell phones for texting, conversation, e-mail, game play, or anything else during general assemblies, workshops, devotionals and other activities.
- If you feel you must have your cell phone with you, please place in silent or airplane mode during activities to avoid the temptation to use it.
- Camera Features — please be respectful of others do not take pictures when its use could be unwelcome, distracting, or an interruption to others.

The atmosphere at YLC is both spiritual and social. Cell phone use (including texting) typically isolates users and limits their ability to communicate well with those around them. We want you to have fun, meet new friends and feel the Spirit!

YLC requires all house leaders to be available through cell phones for purposes of organization and emergencies. We appreciate everyone's understanding regarding this necessity.

## Escorting at YLC

### Purpose of Escorting

It is encouraged that young men within a branch escort the young women of their branch, to and from the events during YLC. This can be done by linking arms with the person next to you, with their permission, or walking touchless next to the person beside you. The purposes of escorting are to:

- Meet and get to know new people
- Develop conversation skills
- Ensure that everyone reaches their destination safely

Escorting is not intended to be an exclusive or dating experience. Young men and women are encouraged to walk and talk with as many people as they feel comfortable with. It is okay for you to say you are not comfortable with escorting if you don't want to do it, for whatever reason. Have fun, get curious about another human being, start a conversation if you'd like or enjoy the beauty of the day in silence. Your choice.

## “The Ask” - Formal Dinner and Dance

For the Friday night dinner and formal dance, the young men within a branch are to ask the young women in their branch to the formal dinner and dance. We encourage the young men and their house leaders to prepare a creative way to accomplish this invitation.

This invitation is **not** a single or exclusive couple invitation. The young men in a branch are to only ask and escort the young women within their branch to dinner and the dance. No more, no less.



# YLC Covid Protocol - 2022

We are looking forward to hosting the Youth Leadership Conference (YLC) for Ontario region youth and leaders on August 17<sup>th</sup> – 20<sup>th</sup>, 2022 at the University of Waterloo in Waterloo Ontario. Our priority is to ensure the health and safety of all conference participants and to minimize any risks associated with the ongoing COVID-19 pandemic. Listed below is our COVID-19 management responsibilities and protocol. All youth and their parents, as well as adult leaders, are expected to abide by these responsibilities and monitor for symptoms as a condition of conference attendance. A youth or adult leader may be asked to return to their home if they are COVID symptomatic, or become sick during the conference. Thank you for your understanding.

## Participant Responsibilities

- Stay home if you are sick and notify conference registration @ [ldsyouthleadership@gmail.com](mailto:ldsyouthleadership@gmail.com) of your status. Youth participants and leaders should not attend the conference if they have symptoms of COVID-19 and have tested positive for COVID-19
- Practice good hygiene. Wash your hands frequently. Do not share food, drinks, personal utensils, or similar items. Limit close physical contact with others.
- Monitor your health daily and immediately self-report to your house leader and general leaders should you experience any COVID-19 symptoms during the conference.

## Parent or Adult Leader Responsibilities

- Please, do not bring or send youth to the conference if they have symptoms of COVID-19 and have tested positive for COVID-19. Notify conference registration @ [ldsyouthleadership@gmail.com](mailto:ldsyouthleadership@gmail.com) of your status.
- Parents please promptly make arrangements to retrieve your child from the conference should you be notified that they are exhibiting symptoms of COVID-19.

## YLC COVID-19 Protocol

- Any adult leader experiencing COVID-19 symptoms during the conference will be required to isolate themselves and required to return home.
- Parents of youth attendees will be notified if their child is experiencing COVID-19 symptoms. Youth will be required to remain in isolation until arrangements can be made to return them home.

## Vaccination and Masks

The University of Waterloo does not require visitors to campus to wear protective masks or to disclose their vaccination status at this time. Unless otherwise notified by the university, wearing a protective mask is personal health choice and we ask all participants to respect the choice of others to wear or not wear a mask.